



PUBLIC HEALTH ADVISORY UPDATE

Zika Virus Preconception Counseling & Prevention of Sexual Transmission

October 24, 2016

Columbus Public Health & Franklin County Public Health

Centers for Disease Control & Prevention (CDC) has updated guidance for healthcare providers related to *Zika virus* preconception counseling and prevention of sexual transmission. CDC has updated recommendations to help healthcare providers discuss pregnancy planning with women and their partners, including suggested time frames for waiting to get pregnant after possible exposure to *Zika virus*.

Women & Their Partners Who are Thinking about Pregnancy

http://www.cdc.gov/zika/pregnancy/thinking-about-pregnancy.html

Possible exposure via recent travel or sex without a condom with a partner infected with Zika

| Women | Men |
|--|---|
| Wait at least 8 weeks after symptoms start or last possible exposure | Wait at least 6 months after symptoms start or last possible exposure |

People living in or frequently traveling to areas with Zika

| | Women | Men |
|---------------------------------------|--|---|
| Positive Zika test | Wait at least 8 weeks after symptoms start | Wait at least 6 months after symptoms start |
| No testing performed or negative test | Talk with doctor or healthcare provider | Talk with doctor or healthcare provider |

Interim Guidance for Preconception Counseling & Prevention of Sexual Transmission of *Zika Virus* for Persons with Possible *Zika Virus* Exposure — United States, 2016 https://www.cdc.gov/mmwr/volumes/65/wr/pdfs/mm6539e1.pdf





Local Zika Information https://www.columbus.gov/zika

Infectious Disease Reporting System (IDRS) http://idrsinfo.org