



PUBLIC HEALTH ADVISORY UPDATE

Zika Virus Preconception Counseling & Prevention of Sexual Transmission

October 24, 2016

Columbus Public Health & Franklin County Public Health

Centers for Disease Control & Prevention (CDC) has updated guidance for healthcare providers related to *Zika virus* preconception counseling and prevention of sexual transmission. CDC has updated recommendations to help healthcare providers discuss pregnancy planning with women and their partners, including suggested time frames for waiting to get pregnant after possible exposure to *Zika virus*.

Women & Their Partners Who are Thinking about Pregnancy

http://www.cdc.gov/zika/pregnancy/thinking-about-pregnancy.html

Possible exposure via recent travel or sex without a condom with a partner infected with Zika

Women	Men
Wait at least 8 weeks after symptoms start or last possible exposure	Wait at least 6 months after symptoms start or last possible exposure

People living in or frequently traveling to areas with Zika

	Women	Men
Positive Zika test	Wait at least 8 weeks after symptoms start	Wait at least 6 months after symptoms start
No testing performed or negative test	Talk with doctor or healthcare provider	Talk with doctor or healthcare provider

Interim Guidance for Preconception Counseling & Prevention of Sexual Transmission of *Zika Virus* for Persons with Possible *Zika Virus* Exposure — United States, 2016 https://www.cdc.gov/mmwr/volumes/65/wr/pdfs/mm6539e1.pdf





Local Zika Information https://www.columbus.gov/zika

Infectious Disease Reporting System (IDRS) http://idrsinfo.org